Things you should know about Diabetes and Heart Health

- The longer you live with diabetes, the higher your Cardiovascular Disease risk.¹

- Adults with diabetes are 2 times more likely to have a heart attack or stroke than people without diabetes.²

- Nearly 1 in 4 individuals with diabetes reported having stroke symptoms.³

- Every 72 seconds, an adult with diabetes in the U.S. is hospitalized for heart disease, which can lead to a heart attack.⁴

- Every 100 seconds, an adult with diabetes in the U.S. is hospitalized for a stroke.⁴

Find out more information and resources on diabetes and heart health management at knowdiabetesbyheart.org

References
   Note: “every 80 seconds” and “every 2 minutes” come from taking the annual incidence of hospital discharges for ischemic heart disease and stroke from the National Diabetes Statistics Report, and using 365days/24hours/60minutes/60seconds to get the minute and second level.