

Know Before You Go: Participants

We're excited to welcome you to Tour de Cure Rocky Mountain
On Saturday, Sept. 10, 2022, at Lumen Technologies 700 W. Mineral
Ave. Littleton, CO 80120

Here is what you can expect at Tour de Cure Rocky Mountain

- Parking: Parking is the SE corner of Lumen's property; head south off of Mineral Ave. onto Southpark Terrace. Signs and parking attendants will direct you.
- Tour de Cure is Rain or Shine – please dress accordingly for Colorado Weather
- In the event of severe weather or lightning, the event may be postponed or canceled. You will be notified via email or text at least 24 hours before the event.
- Champions, those raising \$1,000 or more, will be celebrated in the Champion Tent sponsored by iCIMS
- Living Red Tent sponsored by Walgreens for all those participants living with diabetes. Please stop by to pick up your Red Rider Jersey that you requested during registration
- Route Maps and Cue Sheets will be available at check-in, or you can download the RideWithGPS app to access the route map on your mobile device
- Have family and friends join you for a post ride celebration; we will have a Kids Zone complete with a bounce house and family friendly games!
- Remember to download your RidewithGPS route for the route you will be participating in and preregister with the EventCAD system for SAG/Medical support needed on tour day
- The ADA Café will serve a light breakfast and food trucks will be providing lunch. Your wristband is your food truck meal ticket
- There will be a First Aid Station at Team Village and roaming on route
- Well-marked routes are supported by SAG Vehicles (Tour) to assist you in the event of an emergency. You will be provided with a phone number on your wristband and a QR code to request assistance at registration
- Get Social! Take photos at our Selfie Station/Team Photo backdrop and share your posts.
Use hashtag #TourdeCure, #ADA, #WeRideTogether



Event Schedule

Check-In Opens	6:00 am
Breakfast Opens	6:00 am
60-Mile Ceremony begins	6:45 am
60-Mile Ride departs	7:00 am
30-Mile Ceremony begins	8:20 am
30-Mile Ride departs	8:30 am
10-Mile Ceremony begins	9:20 am
10-Mile Ride departs	9:30 am
Kids Zone	10:00 am – 2:00 pm
Live band	11:00 am – 2:00 pm
Vendor Tents Opens	11:00 am
Wellness Village Opens	11:00 am
Lunch at the food trucks	11:00 am – 2:00 pm
Team Village closes	3:30 pm

Questions? Please contact Brittany at bburcham@diabetes.org

