

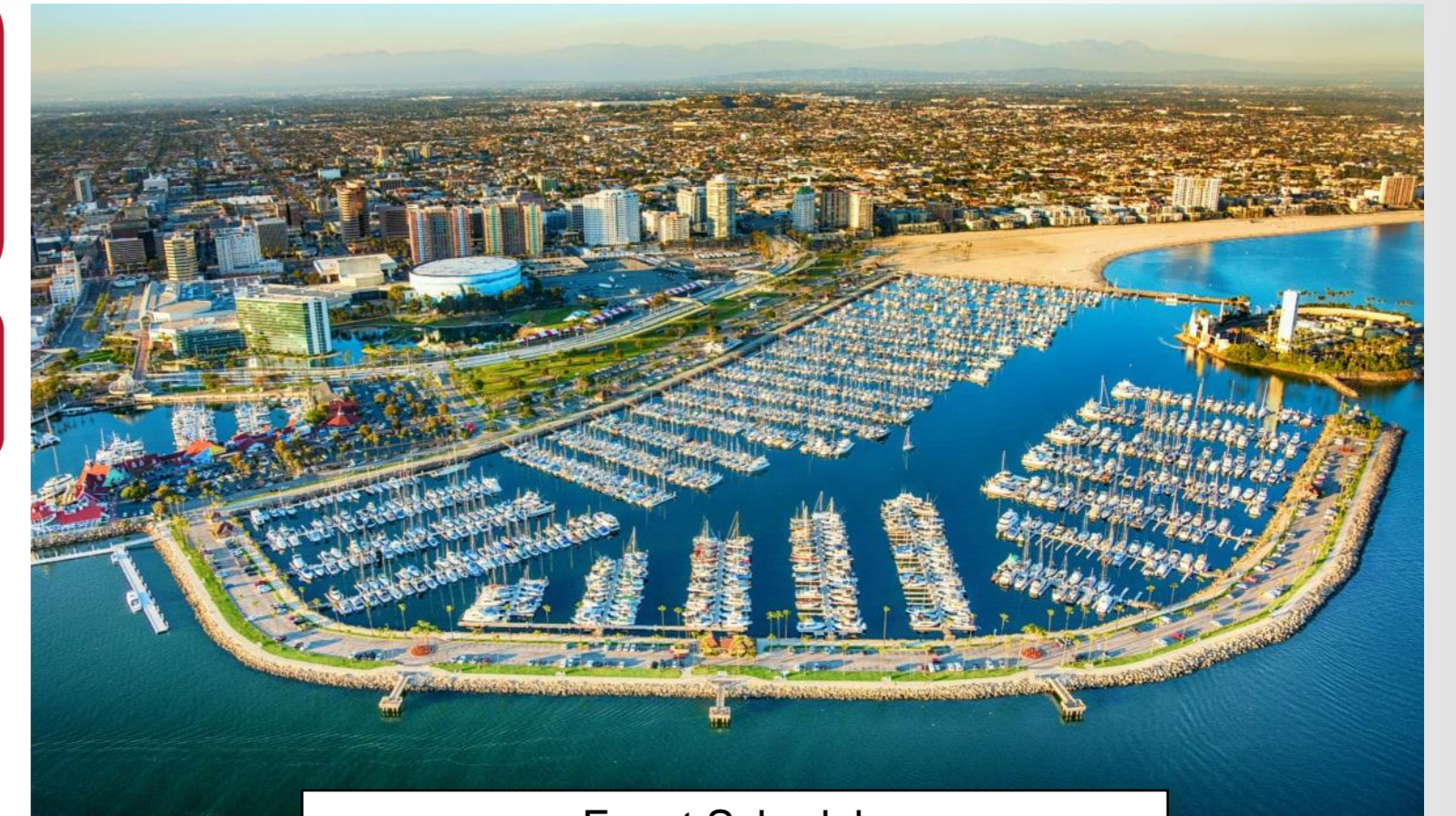
Know Before You Go: Participants

We're excited to welcome you to the So Cal Step Out Walk
On September 30th at The Rainbow Lagoon in Long Beach

Here is what you can expect at the Step Out Walk

- **Venue:** Rainbow Lagoon Park, 400 E. Shoreline Dr. Long Beach, CA 90802
- **Parking:** Convention Center parking lot: Enter through the Linden Gate at the Linden and E. Shoreline Dr. traffic light. Street parking is available in surrounding area
- Step Out Walk is Rain or Shine – please dress accordingly
- In the event of severe weather or lightning, the event may be postponed or canceled. You will be notified via email or text at least 24 hours before the event.
- **Champions** will be celebrated in the Champion Tent
- **Living Red Tent:** Stop in to pick up your Red Strider Shirt
- **The ADA Café** will serve light snacks
- First Aid Station
- Well-marked routes are supported by rest stops and route monitors to assist you in the event of an emergency. You will be provided with a phone number printed on your bib and wristband to request assistance. In the event of a medical emergency, please call 911 first
- Get Social! Take photos at our Selfie Station/Team Photo backdrop and share your posts.

Use hashtag #LivingRed, #StepOutWalk, #ActiveForLife



Event Schedule

7:30 am Check-In Opens
Wellness Village Opens
ADA Café Opens

9:00 am Opening Ceremony

****Closing ceremony will begin once the walk has concluded****

Questions? Please contact Janet Rulo at 818-723-9537