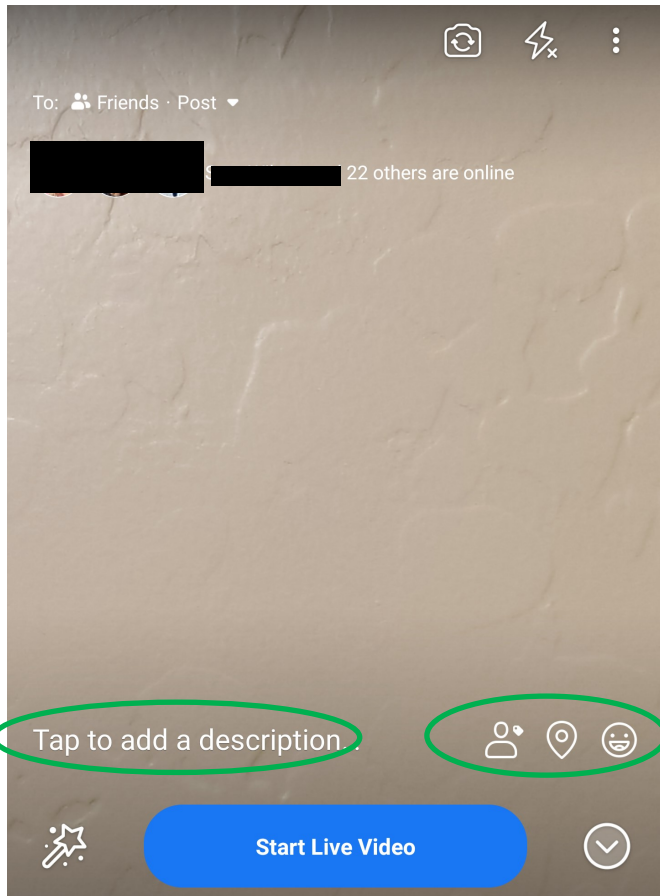
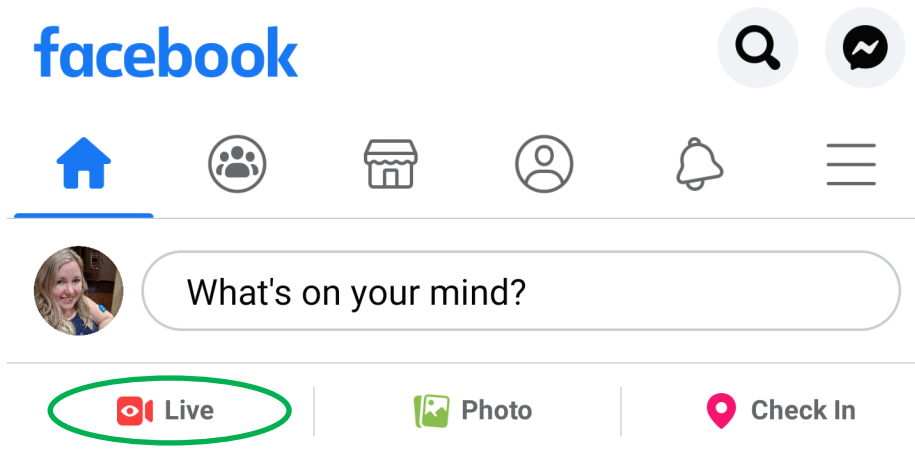


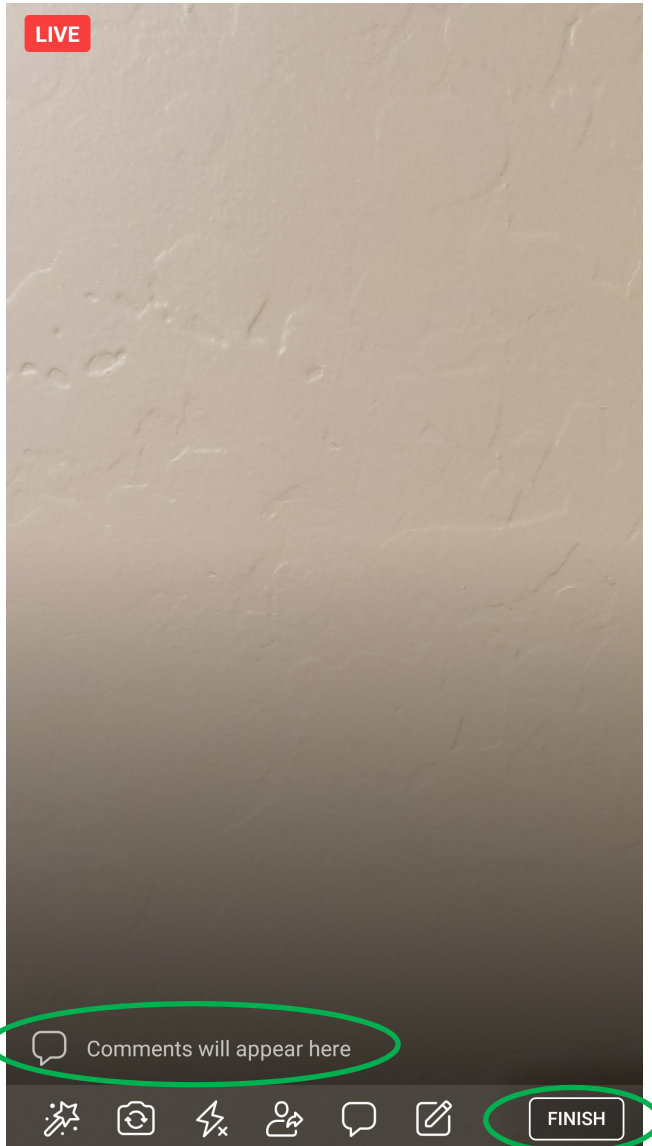
## How To Go Live on Facebook

1. Open Facebook on your mobile device or tablet
2. Click to create a post on the top of your News Feed and choose the “Live” icon



3. Your camera will open and you can add a description to your video.  
We recommend **#VirtualTourdeCure2020**
4. You have the option to tag other people, add a location or add a feeling.
5. When you are ready, click the blue “Start Live Video” button
6. During the Live, share WHY supporting Tour de Cure® is important to you and thank your friends and family for their support.

## How To Go Live on Facebook



### Pro Tips

- Tell your friends that you are going live at a certain time so they can be online on time.
  - Be sure to talk into the speaker .
- If using selfie mode, try to keep the phone an arm's length from your face.
- Try your best to respond to shout outs and comments as they appear for you.
  - Have fun!

7. During your video, you will see comments appear at the bottom of the screen from your viewers.

8. Take a moment to feature or interview the friends and family with you during the Live.

8. When you are done, click the “Finish” button

9. Once the Live has stopped, you will have the option to download the video, share it on your timeline or share it with others.

10. When sharing the video on your timeline, use **#VirtualTourdeCure2020**

